

Dospatsko Horo

Bulgaria

Intermediate

Coming from the town of Dospat in the Rhodope Mountains, the practice of women dancing, especially with men, was discouraged as is common in Islamic cultures. (Dospat is situated in the Pomak culture of Bulgarian Moslems.) The version below was first introduced by Yves Moreau in 1970 and was learned from Nasko Dimitrov of Smoljan, a prominent town in Rhodope. Dospatsko was originally a men's dance.

Pronunciation: doh-SPAHT-skoh hoh-ROH
Formation: Broken circle, facing center
Position: Hands held in "W" position when dancing in mixed lines. The "T" hold is used by men when dancing separately.
Music: FDC Vol. 1 Track - 2
Meter: 7/8 (Count slow-quick-quick or 1-2-3 / 1-2 / 1-2)
Style: Grounded, work each step through the ankles; dance "inside" your shoes

<u>Meas</u>	<u>Count</u>	<u>Pattern</u>
8		Introduction —No Action
		I. In Place
1		Step R-L-R (in place)
2		Step L-R-L (in place)
3		Step R, Čukče R as L lifts & does small circle to bk, L (XIB)
4		Step R-L(XIF) - Step R(back in place)
5-8		REVERSE
		II. Grapevine
1-2		Walk LOD: R-L(XIF) - R-L(XIB)
3		Step R, Čukče R as L lifts & does small circle to bk, L (XIB)
4		Step R-L (XIF)-R (back in place)
5-8		REVERSE meas 1-4
9-16		REPEAT meas 1-8
		III. Moving to Center
1		Rock R(bk)- Step L(fwd)- Step R(moving fwd, XIB of L) (count: S-q-q)
2		Step L (fwd), step R(in front of L, L lifts off ground) (count: S-S)
3		Step L-R-L (moving bkwd)
4		Step R-L-R (moving bkwd)
5-8		REVERSE meas 1-4
9-16		REPEAT meas 1-8

REPEAT Figures I, II, and III

Dospatsko Horo cont.,

IV. Traveling

- 1-2 (Walking LOD) R-L-R, L-R-L
 3 Step R, Čukče R as L lifts & does small circle to bk, L (XIB)
 4 Moving LOD Step R - L (count S, S)
 5-16 **REPEAT** meas 1-4 three more times

REPEAT Figures I, II, and III one more time.

Dance Notes: Dancers should be aware of constant control through the ankles and the heels. Every step should be placed; soft flexes of the supporting knee follow each step.